

Seminars:

Deborah Vogel Focus classes

Improving Arabesque: A beautiful arabesque is a dance trademark. In this class you will learn to analyze the pieces and parts of the arabesque and what you can do to improve your line.

Exploring Turnout: Hands on exploration of turnout and how to utilize and maximize your efforts. We'll look at the common cheating patterns and how to address them in order to have a long and healthy dance life!

Pinkie Ball: Learn self-massage techniques to release chronic muscular tension and increase flexibility.

Bloch Pointe Shoes

Finding Your Fit: troubleshooting for dancers and parents

Capezio Pointe Shoes

Art of Pointe Shoe Fitting with Sonja McCord, former professional dancer with extensive stage and teaching experience.

Sports & More Physical therapy

Kristin Lloyd PT, MPT

Sports and More therapists have a passion for dance, and our goal is to help dancers remain injury free!

Topics of discussion may include: Injury prevention, early intervention for injuries, performance enhancement through nutrition and cross training, proper stretching

Mary Gratch: Helping Students Build their College Match

The journey through high school and into college is exciting and challenging-and sometimes confusing.

Each student has a unique adventure in self-discovery and growth. Topics of discussion may include:

Exploring personal strengths, accomplishments, course plans, grades/test scores, career goals, personal goals, navigating the college admissions process, gap year exploration, and more.

College Round Table Discussions

Robert Gosnell-Coordinator College Recruiters

Jennifer Sommers, Moderator

McCree O'Kelley-Kennesaw State University

Scott Putman-Virginia Commonwealth University

Rita Snyder-University of Alabama

Kathleen Klein-Palm Beach Atlantic University

Cathy Young-Boston Conservatory

Larry Geddes-Julliard

Jay Kirk-Point Park University

Stephen Pier- Hartt School, Hartford University

Michael Vernon-Indiana University

Amy Chavasse-University of Michigan, Ann Arbor